



Allotment Gardening In North Essex -- At Home In The Kitchen

Baked Rhubarb

Ingredients: 4 portions

400g 1lb rhubarb
25g 1oz butter
50g 2oz sugar
Ice cream or cream

Note:

This method cooks rhubarb with no water and helps the rhubarb to retain its shape and texture. Honey can be used instead of the sugar and a little lemon or orange juice can be added, or even a little liqueur of your choice.

Method:

1. Trim and wash rhubarb
2. Cut into 5cm pieces
3. Butter an oven proof dish with a little of the butter
4. Arrange rhubarb in one layer in the dish
5. Add the sugar and small knobs of butter
6. Bake in a preheated oven 200c for about 10 minutes
7. Serve with ice cream or Custard